

**IMAGE AREA**  
**143 x 100mm**  
(this includes Bleed)

# January 2019

Caption to go here, Caption to go here

<b>1</b> Tue	New Year's Day	<b>17</b> Thu
<b>2</b> Wed	Bank Holiday (Scotland)	<b>18</b> Fri
<b>3</b> Thu		<b>19</b> Sat
<b>4</b> Fri		<b>20</b> Sun
<b>5</b> Sat		<b>21</b> Mon
<b>6</b> Sun		<b>22</b> Tue
<b>7</b> Mon	Week 2	<b>23</b> Wed
<b>8</b> Tue		<b>24</b> Thu
<b>9</b> Wed		<b>25</b> Fri
<b>10</b> Thu		<b>26</b> Sat
<b>11</b> Fri		<b>27</b> Sun
<b>12</b> Sat		<b>28</b> Mon
<b>13</b> Sun		<b>29</b> Tue
<b>14</b> Mon	Week 3	<b>30</b> Wed
<b>15</b> Tue		<b>31</b> Thu
<b>16</b> Wed		

**ADVERT AREA**  
**220 x 50mm**

**IMAGE AREA**  
**153 x 100mm**  
(this includes Bleed)

## January 2019

Wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
3	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
4	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
5	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		

## December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23/30</b>	<b>24/31</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

## February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b>
						<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>		

Caption to go here, Caption to go here

**ADVERT AREA**  
**220 x 50mm**