



### January 2025 1 Wed

2	Thu	Bank Holiday (Scotland
3	Fri	
4	Sat	
5	Sun	

Wk 2

Wk 3

Wk 4

- 6 Mon
- 8 Wed
- 9 Thu
- **10** Fri
- 11 Sat
- **12** Sun
- **13** Mon
- **14** Tue
- **15** *Wed*
- **16** Thu
- **17** Fri
- **19** Sun
- **20** Mon
- **21** Tue **22** Wed
- **23** Thu
- **24** Fri
- **25** Sat
- **26** Sun
- **27** Mon
- 28 Tue
- **29** Wed

### January 2025

			- 0- 0-	- /			
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1			1	2	3	4	5
2	6	7	8	9	10	11	12
			15				
4	20	21	22	23	24	25	26

### December 2024

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
48							1
49	2	3	4	5	6	7	8
50	9	10	11	12	13	14	15
51	16	17	18	19	20	21	22
52	<sup>23</sup> / <sub>30</sub>	<sup>24</sup> / <sub>31</sub>	25	26	27	28	29

### February 2025

1 001 001 / 2020										
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
5						1				
6	3	4	5	6	7	8	9			
7	10	11	12	13	14	15	16			
8	17	18	19	20	21	22	23			
9	24	25	26	27	28					

#### like a fist punching in the air, with weathered grooves. It is not known how it got here, possibly due to glacial action or through early man. Red grouse are common on open moorland, feeding on young heather shoots, seeds and berries and often seen rising with a whirring sound and a loud call.

TRANQUIL GRITSTONE EDGE Carhead Rocks, Peak District and Red Grouse This small gritstone edge below the much larger

Stanage Edge is a peaceful place with superb views of the Hope Valley. A curious rock feature known as the Knuckle Stone stands on the highest point, shaped

5 **27 28 29 30 31** 



February 2025
1 Sat
2 Sun
3 Mon Bank Holiday (Eire)
4 Tue
5 Wed
6 Thu
7 Fri
8 Sat
9 Sun
10 Mon Wk 7
11 Tue
12 Wed
13 Thu
14 Fri
15 Sat
<b>16</b> Sun
17 Mon Wk8
18 Tue
19 Wed

# February 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5						1	2
					7		
7	10	11	12	13	14	15	16
8	17	18	19	20	21	22	23
9	24	25	26	27	28		

### RUGGED COASTAL PROMONTORY

This gorse-covered rocky headland on the northwest tip of Pembrokeshire is part of the windswept peninsula of Pencaer, guarding the port of Fishguard. The distinctive white lighthouse, built in 1908, is sited on a small islet, linked to the mainland by a narrow suspension bridge. Hundreds of grey seals can be found along this exposed rocky coast, congregating in large breeding colonies. These large seals with grey-brown, blotched fur spend two thirds of the year feeding on fish out at sea.

### January 2025

				_			
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1			1	2	3	4	5
			8				
3	13	14	15	16	17	18	19
4	20	21	22	23	24	25	26
5	27	28	29	30	31		

### March 2025

March 2025										
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
9	3 10					1	2			
10	3	4	5	6	7	8	9			
11	10	11	12	13	14	15	16			
12	17 <sup>24</sup> / <sub>31</sub>	18	19	20	21	22	23			
13	<sup>24</sup> / <sub>31</sub>	25	26	27	28	29	30			



ENCHANTING TRANSLUCENT ROCK POOLS

Fairy Pools, Isle of Skye and Grey Heron

A stream descending from the jagged Black Cuillin

mountains cascades steeply over a series of dramatic waterfalls, plunging into crystal-clear pools. It joins the River Brittle, which runs through Glenbrittle, a large,

stony glen, opening into Loch Brittle. The grey heron can be spotted near here, an inhabitant of shallow lakes, ponds, rivers, water meadows and estuaries. It paces slowly through the shallow water, stabbing

prey such as small fish and amphibians with its dagger-like beak.

	March 2025
	1 Sat
	2 Sun
	3 Mon Wk 10
	4 Tue
	5 Wed
7	6 Thu
	7 Fri
	8 Sat
V	9 Sun
	10 Mon Wk 11
1	11 Tue
	12 Wed
	13 Тhu
į	<b>14</b> Fri
	15 Sat
đ	16 Sun St Patrick's Day (N Ireland/Eire)
	17 Mon Wk 12
	18 Tue
ì	19 Wed
	20 Thu
	<b>21</b> Fri
d	<b>22</b> Sat
ļ	<b>23</b> Sun
į	24 Mon Wk 13
	25 Tue
9/4	26 Wed
	27 Thu
	28 Fri
	29 Sat  British Summertime starts
-	30 Sun

### March 2025

# Wk Mon Tue Wed Thu Fri Sat Sun 9 1 2 10 3 4 5 6 7 8 9 11 10 11 12 13 14 15 16 12 17 18 19 20 21 22 23 13 24/31 25 26 27 28 29 30

### February 2025

Wk 14

1 Columny 2020											
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun				
5						1					
6	3	4	5	6	7	8	9				
7	10	11	12	13	14	15	16				
8			19				23				
9	24	25	26	27	28						

### **April 2025**

7 (pr 11 2 0 2 0										
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
14		1	2 9	3	4	5	6			
15	7	8	9	10	11	12	13			
16	14	15	16	17	18	19	20			
17	21	22	23	24	25	26	27			
18	28	29	30							



# April 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
14		1	2	3	4	5	6
15	7	8	9	10	11	12	13
16	14	15	16	17	18	19	20
17	21	22	23	24	25	26	27
18	28	29	30				

STEEP SUNLIT DOWNLAND

Old Winchester Hill, Hampshire and Hazel Dormouse
Old Winchester Hill is a popular South Downs beauty

spot with glorious views over the valley to Beacon Hill and down to the sea and the Isle of Wight. The chalk grassland in this National Nature Reserve is home to many orchid species and butterflies. The area is rich in archeology and on the summit is an Iron Age hill fort. The tiny hazel dormouse inhabits the local woodland, sleeping curled up in a ball by day to conserve energy

and climbing branches by night in search of hazelnuts and seeds.

#### March 2025

St George's Day (England)

	March 2020									
Wk	Mon	Tue	Wed	Thu						
9						1	2			
	3				7	8	9			
11	10	11	12	13	14	15	16			
12	17	18	19	20	21	22	23			
13	<sup>24</sup> / <sub>31</sub>	25	26	27	28	29	30			

### May 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
18				1	2	3	4	
19	5	6	7	8	9	10	11	
20	12	13	14	15	16	17	18	
21	19	20	21	22	23	24	25	
22	26	27	28	29	30	31		



### May 2025

1	Thu	
2	Fri	
3	Sat	
4	Sun	
5	Mon	Bank Holiday Wk 19
6	Tue	

Wk 20

Wk 21

7 Wed

8 Thu 9 Fri

**10** Sat

**11** Sun

**12** Mon **13** Tue

**14** Wed

**15** Thu **16** Fri

**17** Sat

**18** Sun

**19** Mon **20** Tue

**21** Wed

**23** Fri

**24** Sat

**25** Sun 26 Mon

**27** Tue

**28** *Wed* 

**29** Thu **30** Fri

**31** Sat

May 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
18				1	2	3	4
19	5	6	7	8	9	10	11
20	12	13	14	15	16	17	18
21	19	20	21	22	23	24	25

### **April 2025**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
14		1	2	3	4	5	6
15	7	8	9	10	11	12	13
16	14	15	16	17	18	19	20
17	21	22	23	24	25	26	27
18	28	29	2 9 16 23 30				

### June 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22							1
23	2	3	4	5	6	7	8
24	9	10	11	12	13	14	15
25	16	17	18	19	20	21	22
26	<sup>23</sup> / <sub>30</sub>	24	25	26	27	28	29

### **ROMANTIC COASTAL VISTA**

#### Godrevy, Cornwall and Basking Shark Facing the Atlantic on the eastern side of St Ives Bay, the exposed beach at Godrevy is popular with surfers. Godrevy Lighthouse is set on an island just off the coast, made famous by Virginia Woolfe's

"To The Lighthouse". The headlands and coves are rich in wildlife. Commonly seen in summer off the Cornish coast, basking sharks are the second largest fish in our oceans. They feed only on zooplankton, filtered out of the water, swimming slowly back and forth with their enormous mouths wide open.

22 26 27 28 29 30 31



June 2025
1 Sun
2 Mon  Bank Holiday (Eire)  Wk 23
3 Tue
4 Wed
5 Thu
6 Fri
7 Sat
8 Sun
9 Mon Wk 24
10 Tue
11 Wed
12 Thu 13 Fri
13 Fri 14 Sat
14 Sat 15 Sun
16 Mon Wk 25
17 Tue
18 Wed
19 Thu
20 Fri
21 Sat
<b>22</b> Sun
23 Mon Wk 26
<b>24</b> Tue
25 Wed
26 Thu
<b>27</b> Fri
28 Sat

### GORSE COVERED BORDER HILLS

Shropshire Hills and Small Pearl-bordered Fritillary
Along the Anglo-Welsh border the Shropshire hills
comprise five upland areas including the Long Mynd
and the Stretton Hills, each with its own characteristic
landscape, wonderful scenery and extensive network of
paths. The small pearl-bordered fritillary butterfly gets
its name from the rows of 'pearls' on the underside
of its hindwings. It is found in damp, grassy habitats,
woodland clearings and moorland. The adults fly
low to the ground, taking nectar from bramble

and thistle flowers.

### June 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22							1
23	2	3	4	5	6	7	8
24	9	10	11	12	6 13	14	15
					20		
26	23/30	24	25	26	27	28	29

### May 2025

			٠٠٠٠,				
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
18				1	2	3	4
19	5	6	7	8	9	10	11
20	12	13	14	15	16	17	18
21	19	20	21	22	23	24	25
22	26	27	28	29	30	31	

### **July 2025**

			•					
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
27		1	2	3	4	5	6	
28	7	8	9	10	11	12	13	
29	14	15	16	17	18	19	20	
30	21	22	23	24	25	26	27	
31	28	29	30	31				



	July 2025
1	Tue
2	Wed
3	Thu
4	Fri
5	Sat
6	Sun
7	Mon Wk 28
8	Tue
	Wed
	Thu
11	

**11** Fri

**12** Sat **13** Sun

Bank Holiday (N Ireland) **14** Mon

Wk 30

**15** Tue **16** Wed

> **17** Thu **18** Fri

**19** Sat

**20** Sun

**21** Mon

**22** Tue 23 Wed

**24** Thu

**25** Fri **26** Sat

**27** Sun

**28** Mon

**29** Tue

30 Wed

**31** Thu

# July 2025

#### MISTY RIVERSIDE REFLECTIONS River Lea, Hertfordshire and Mute Swan

Trees and vegetation on the riverbanks are mirrored in the River Lea near Hertford, which lies at the confluence of four river valleys. The town still has its The marshes and meadows are a rich habitat for

medieval layout with a castle and historic buildings. wildlife such as the mute swan, seen gliding gracefully on the river. It is not very vocal, communicating by grunts and hisses. Swans usually mate for life and take turns in parenting, and the mother will carry young cygnets on her back.

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
27		1	2	3	4	5	6
28	7	8	2 9	10	11	12	13
29	14	15	16	17	18	19	20
30	21	22	23	24	25	26	27
01	28	29	30	31			

### June 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22							1
23	2	3	4 11	5	6	7	8
24	9	10	11	12	13	14	15
25	16	17	18	19	20	21	22
26	<sup>23</sup> / <sub>30</sub>	24	25	26	27	28	29

### August 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
31					1	2	3
32	4	5	6	7	8	9	10
33	11	12	13	14	15	16	17
34	18	19	20	21	22	23	24
35	25	26	27	28	29	30	31



### August 2025

Fri	

2 Sat

4 Mon

Wk 33

Wk 34

5 Tue

6 Wed

7 Thu

8 Fri

10 Sun

**11** Mon

**12** Tue

13 Wed

**14** Thu

**15** Fri

**16** Sat

**17** Sun

18 Mon **19** Tue

20 Wed

**21** Thu

**22** Fri

**23** Sat

**24** Sun

Bank Holiday (Excl Scotland) **25** Mon

**26** Tue

**27** Wed

28 Thu

**29** Fri

**30** Sat

**31** Sun

# August 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
31			6		1	2	3
32	4	5	6	7	8	9	10
33	11	12	13	14	15	16	17
34	18	19	20	21	22	23	24
35	25	26	27	28	29	30	31

### **July 2025**

			Wed				
27		1	2 9 16	3	4	5	6
28	7	8	9	10	11	12	13
29	14	15	16	17	18	19	20
30	21	22	23 30	24	25	26	27
31	28	29	30	31			

### September 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
36	1	2	3	4	5	6	7	
37	8	9	10	11	12	13	14	
38	15	16	17	18	19	20	21	
39	22	23	24	25	26	27	28	
40	29	30						

and woodlands are an ideal habitat for the elusive hedgehog, which often travels long distances between different nests. It has a coat of stiff, sharp spines and if threatened, it will curl into a prickly ball to deter predators.

**UPLAND POPPY FIELD** Near Lowick, Northumberland and Hedgehog The Cheviot Hills, rolling from the Northumberland

National Park across the border into Scotland, are an area of wild and expansive windswept hills and green tranquil valleys, seen here beyond a field of pale pink poppies near the village of Lowick. The hedgerows



### September 2025

1	Mon	Wk 36
2	Tue	
3	Wed	
4	Thu	
5	Fri	
6	Sat	
7	Sun	

Wk 37

Wk 39

9 Tue

8 Mon

10 Wed **11** Thu

**12** Fri **13** Sat

**14** Sun

**15** Mon

**16** Tue

**17** Wed 18 Thu

**19** Fri

**20** Sat

**21** Sun

**22** Mon **23** Tue

**24** Wed

**25** Thu

**27** Sat

28 Sun

**29** Mon

30 Tue

#### **UNSPOILT ANCIENT HEATHLAND AND BEACH**

#### Dunwich Heath, Suffolk and Rabbit

This rare surviving area of coastal lowland heath is a remnant of the Sandling Heaths, once widespread in Suffolk. In late summer purple heather covers the heath above the sandy cliffs and shingle beach below. This rare and precious habitat, owned by the National Trust, is adjacent to RSPB Minsmere reserve, popular for birdwatching. In the sandy ground, rabbits live in large groups, burrowing underground to form complex warrens. Speed and agility are their key to survival against predators.

# September 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		2					
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					

#### August 2025

	August 2020									
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
31					1	2	3			
32	4	5	6	7	8	9	10			
33	11	12	13	14	15	16	17			
34	18	19	20	21	22	23	24			
35	25	26	27	28	29	30	31			

### October 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		



### October 2025

1	Wed	
2	Thu	
3	Fri	
4	Sat	
5	Sun	
6	Mon	Wk 41
7	Tue	

Wk 42

Wk 43

8 Wed

**10** Fri

11 Sat **12** Sun

**13** Mon **14** Tue

**15** *Wed* 

16 Thu

**17** Fri 18 Sat

**19** Sun

**20** Mon **21** Tue

**22** Wed

**23** Thu

**24** Fri

**25** Sat

British Summertime ends **26** Sun Bank Holiday (Eire)

**27** Mon 28 Tue

**29** Wed

30 Thu

# October 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6	7	8	9	10	11	12
13	14	15	16	17	18	19
	6 13	6 7 13 14	1 6 7 8 13 14 15	1 2 6 7 8 9 13 14 15 16	1 2 3 6 7 8 9 10 13 14 15 16 17	Mon     Tue     Wed     Thu     Fri     Sat       1     2     3     4       6     7     8     9     10     11       13     14     15     16     17     18       20     21     22     23     24     25

### September 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
36	1	2	3	4	5	6	7	
37	8	9	10	11	12	13	14	
38	15	16	17	18	19	20	21	
39	22	23	24	25	26	27	28	
	29							

### November 2025

110101111011 2020										
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun			
44						1				
45	3	4	5	6	7	8	9			
46	10	11	12	13	14	15	16			
			19							
48	24	25	26	27	28	29	30			

#### to the summit of the Old Man (802m). The mountain has seen extensive copper and slate mining for 800 years, and the remains of this activity can be seen on the slopes. Intelligent and very resourceful, the fox is at home in this terrain. It is an opportunistic feeder with excellent hearing allowing it to detect small

animals underground.

**IDYLLIC LAKELAND TARN** A small tarn near Coniston, Cumbria and Red Fox From this beautiful little tarn to the west of Coniston

Water there is a splendid view of the Coniston Old Man and the Coniston Fells. Well-marked paths lead

44 27 28 29 30 31



### November 2025

2 Sun	
3 Mon	Wk 4
4 Tue	

Wk 47

Wk 48

5 Wed

6 Thu

7 Fri

8 Sat

9 Sun

**10** Mon

**11** Tue

**12** *Wed* 

13 Thu

**15** Sat

**16** Sun

**17** Mon

18 Tue

**19** Wed

**20** Thu

**21** Fri

**23** Sun

**24** Mon

**25** Tue

26 Wed

**27** Thu

**28** Fri

**29** Sat

St Andrew's Day (Scotland) **30** Sun

### WILD MOORLAND LANDSCAPE

**Dunkery Beacon, Somerset and Polecat** From Selworthy Beacon, a scenic landmark near the Somerset coast with fine views of the Bristol Channel, Dunkery Beacon can be seen across the wild moorland. It is the highest point on Exmoor and has panoramic views. Relics of the Bronze Age dotted around - burial mounds, ancient forts, cairns and barrows. The sleek polecat, now a protected species, inhabits this rugged landscape. Mostly solitary and nocturnal, it preys on small rodents and birds and will often make a den in a rabbit burrow.

### November 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

### October 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun					
40			1	2	3	4	5					
41	6	7	8	9	10	11	12					
42	13	14	15	16	17	18	19					
43	20	21	22	23	24	25	26					
44	27	28	29	30	31							

### December 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
49	1	2	3	4	5	6	7
			10				
51	15	16	17	18	19	20	21
52	22	23	24	25	26	27	28
	29						



### December 2025

1 Mon Wk 49
2 Tue
3 Wed
4 Thu
5 Fri
6 Sat
7 Sun
8 Mon
9 Tue
10 Wed
<b>11</b> Thu
12 Fri
13 Sat
14 Sun
15 Mon Wk 51
16 Tue
17 Wed
18 Thu
19 Fri
<b>20</b> Sat
21 Sun
<b>22</b> Mon Wk 52
23 Tue
24 Wed
25 Thu
26 Fri
<b>27</b> Sat
28 Sun

# December 2025

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	19	20	21
52	22	23	24	25	26	27	28

### SERENE SNOW-CLAD TREES

Near Ripon, North Yorkshire and Goshawk
A silent wintry scene in beautiful unspoilt woodland
near Ripon. This small city on the edge of the Dales
has a magnificent 7th century cathedral, medieval
streets with small alleys, many fascinating historic
buildings and a fine Georgian marketplace. The
goshawk, a powerful and rather fierce-looking raptor
with a prominent brow, is found in these forested
areas. In flight it makes short dashes to seize other
birds, often quite large ones, or small mammals on the
forest edge or open ground.

### November 2025

Wk 1

	Hoveliber				20	25	
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

### January 2026

	Januar , 2020												
Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun						
1				1	2	3	4						
2	5	6	7	8	9	10	11						
3	12	13	14	15	16	17	18						
4	19	20	21	22	23	24	25						
5	26	27	28	29	30	31							

29 30 31