





Explore the world's vast oceans and wonder at the incredible creatures that inhabit these challenging environments





January 2025

	1	2	3	4	5
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31
Sat	4	11	18	25	
Sun	5	12	19	26	

December 2024							February					
	48/1	49	50	51	52		5	6	7	8	9	
Mon	30	2	9	16	23	Mon		3	10	17	24	
Tue	31	3	10	17	24	Tue		4	11	18	25	
Wed		4	11	18	25	Wed		5	12	19	26	
Thu		5	12	19	26	Thu		6	13	20	27	
Fri		6	13	20	27	Fri		7	14	21	28	
Sat		7	14	21	28	Sat	1	8	15	22		
Sun	1	8	15	22	29	Sun	2	9	16	23		



Boulders Beach, Simon's Town, South Africa – One of South Africa's oldest towns and naval bases, it was named Isselsteijn Bay by a Dutch East Indiaman of the same name, who sheltered from a storm here in 1671. The Governor, Simon van der Stel, recommended that it be developed into a port and it was renamed Simon's Bay in his honour.

Inset Picture: African Penguins



February 2025

	5	6	7	8	9
Mon		3	10	17	24
Tue		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28
Sat	1	8	15	22	
Sun	2	9	16	23	

January							March					
	1	2	3	4	5			9/14	10	11	12	13
Mon		6	13	20	27	I	Mon	31	3	10	17	24
Tue		7	14	21	28	1	Tue		4	11	18	25
Wed	1	8	15	22	29	`	Wed		5	12	19	26
Thu	2	9	16	23	30	1	Thu		6	13	20	27
Fri	3	10	17	24	31	I	Fri		7	14	21	28
Sat	4	11	18	25		:	Sat	1	8	15	22	29
Sun	5	12	19	26		:	Sun	2	9	16	23	30



Young Mangrove Forest, Tuvalu, Polynesia – Mangroves are an important resource; they enhance local fisheries, provide material for handicrafts and firewood, and protect islands from tidal and storm surge. The Tuvalu National Council of Women has long recognised the importance of mangroves, and the need for better lagoon and coastal protection for Tuvalu's atoll islands.

Inset Picture: Faulopa Island



	9/14	10	11	12	13
Mon	31	3	10	17	24
Tue		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28
Sat	1	8	15	22	29
Sun	2	9	16	23	30

February	,
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Apr

			·								
5	6	7	8	9		14	15	16	17	18	
	3	10	17	24	Mon		7	14	21	28	
	4	11	18	25	Tue	1	8	15	22	29	
	5	12	19	26	Wed	2	9	16	23	30	
	6	13	20	27	Thu	3	10	17	24		
	7	14	21	28	Fri	4	11	18	25		
I	8	15	22		Sat	5	12	19	26		
2	9	16	23		Sun	6	13	20	27		



April 2025

	14	15	16	17	18
Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

		Mc	arch	I		May					
	9/14	10	11	12	13		18	19	20	21	22
Mon	31	3	10	17	24	Mon		5	12	19	26
Tue		4	11	18	25	Tue		6	13	20	27
Wed		5	12	19	26	Wed		7	14	21	28
Thu		6	13	20	27	Thu	1	8	15	22	29
Fri		7	14	21	28	Fri	2	9	16	23	30
Sat	1	8	15	22	29	Sat	3	10	17	24	31
Sun	2	9	16	23	30	Sun	4	11	18	25	



Lionfish, Koh Tao, Thailand – The Lionfish feeds on small fish, crustaceans and molluscs. It hunts at night and hides in caves or coral reefs during the day. They have few natural enemies as their venom is potentially lethal to other animals. However, it can be eaten by some larger fish such as sharks or barracudas.

Inset Picture: Kia Island, Thailand



	18	19	20	21	22
Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	31
Sun	4	11	18	25	

		A	oril			June						
	14	15	16	17	18		22/27	23	24	25	26	
Mon		7	14	21	28	Mon	30	2	9	16	23	
Tue	1	8	15	22	29	Tue		3	10	17	24	
Wed	2	9	16	23	30	Wed		4	11	18	25	
Thu	3	10	17	24		Thu		5	12	19	26	
Fri	4	11	18	25		Fri		6	13	20	27	
Sat	5	12	19	26		Sat		7	14	21	28	
Sun	6	13	20	27		Sun	1	8	15	22	29	



		22/	27	:	23	24		25		20	5
Mc	n	3	0		2	9		18	5	2	3
Tue	•				3	10)	17	7	2	4
We	ed				4	11		18	3	25	
Thu	J			,	5	12	•	19		26	
Fri				(6	13		20		27	
Sat	t			-	7	14		2		2	8
Sur	ו	1		8		15		22	2	2	9
		M	ay						ıly		
	18	19	20	21	22		27	28	29	30	31
Mon		5	12	19	26	Mon		7	14	21	28
Tue		6	13	20	27	Tue	1	8	15	22	29
Wed		7	14	21	28	Wed	2	9	16	23	30
Thu	1	8	15	22	29	Thu	3	10	17	24	31
Fri	2	9	16	23	30	Fri	4	11	18	25	
S	3	10	17	21	31	S	5	12	19	26	



July 2025

	27	28	29	30	31
Mon		7	14	21	28
Тие	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	31
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

		Ju	ne				August						
	22/27	23	24	25	26		31	32	33	34	35		
Mon	30	2	9	16	23	Mon		4	11	18	25		
Tue		3	10	17	24	Tue		5	12	19	26		
Wed		4	11	18	25	Wed		6	13	20	27		
Thu		5	12	19	26	Thu		7	14	21	28		
Fri		6	13	20	27	Fri	1	8	15	22	29		
Sat		7	14	21	28	Sat	2	9	16	23	30		
Sun	1	8	15	22	29	Sun	3	10	17	24	31		



Powderblue Surgeonfish, Malé, Maldives – This species is found in the Indian Ocean and, like most fish in the family Acanthuridae, is herbivorous – eating mostly benthic algae. It is solitary, territorial and aggressive with other surgeonfish. In cases where food is plentiful, it may feed in shoals, but in cases of scarcity it may compete individually for food.

Inset Picture: Powderblue Surgeonfish



	31	32	33	34	35
Mon		4	11	18	25
Tue		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29
Sat	2	9	16	23	30
Sun	3	10	17	24	31
	Luka				

		Ju	Jy			September							
	27	28	29	30	31		36	37	38	39	40		
Mon		7	14	21	28	Mon	1	8	15	22	29		
Tue	1	8	15	22	29	Tue	2	9	16	23	30		
Wed	2	9	16	23	30	Wed	3	10	17	24			
Thu	3	10	17	24	31	Thu	4	11	18	25			
Fri	4	11	18	25		Fri	5	12	19	26			
Sat	5	12	19	26		Sat	6	13	20	27			
Sun	6	13	20	27		Sun	7	14	21	28			



September 2025

	36	37	38	39	40
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	
Thu	4	11	18	25	
Fri	5	12	19	26	
Sat	6	13	20	27	
Sun	7	14	21	28	

		Αυ	gus	t –			October						
	31	32	33	34	35		40	41	42	43	44		
Mon		4	11	18	25	Mon		6	13	20	27		
Tue		5	12	19	26	Tue		7	14	21	28		
Wed		6	13	20	27	Wed	1	8	15	22	29		
Thu		7	14	21	28	Thu	2	9	16	23	30		
Fri	1	8	15	22	29	Fri	3	10	17	24	31		
Sat	2	9	16	23	30	Sat	4	11	18	25			
Sun	3	10	17	24	31	Sun	5	12	19	26			



Californian Harbour Seal, USA – Lacking an external ear flap, members of this family are called the true or earless seals. When in a group, they like a clear 'living space' of about the length of their own bodies around them. If this space is impinged on, they may resort to head butting or even biting.

Inset Picture: Anacapa Island, California



	40	41	42	43	44
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31
Sat	4	11	18	25	
Sun	5	12	19	26	

	36	37	38	39	40		44	45	46	47	48
Mon	1	8	15	22	29	Mon		3	10	17	24
Tue	2	9	16	23	30	Tue		4	11	18	25
Wed	3	10	17	24		Wed		5	12	19	26
Thu	4	11	18	25		Thu		6	13	20	27
Fri	5	12	19	26		Fri		7	14	21	28
Sat	6	13	20	27		Sat	1	8	15	22	29
Sun	7	14	21	28		Sun	2	9	16	23	30



November 2025

	44	45	46	47	48
Mon		3	10	17	24
Tue		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28
Sat	1	8	15	22	29
Sun	2	9	16	23	30

		Octo	obe	r		December						
	40	41	42	43	44		49	50	51	52	1	
Mon		6	13	20	27	Mon	1	8	15	22	29	
Tue		7	14	21	28	Tue	2	9	16	23	30	
Wed	1	8	15	22	29	Wed	3	10	17	24	31	
Thu	2	9	16	23	30	Thu	4	11	18	25		
Fri	3	10	17	24	31	Fri	5	12	19	26		
Sat	4	11	18	25		Sat	6	13	20	27		
Sun	5	12	19	26		Sun	7	14	21	28		



Morrocoy National Park, Venezuela – The park was created in 1974, and includes the mainland, sea and islands. Birdwatching is a popular activity at Morrocoy, being home to two-thirds of the species in the Venezuelan region. Coral reefs of the park are also popular, with numerous marine creatures that inhabit the waters around its islands and keys.

Inset Picture: Peraza Cay



	49	50	51	52	1
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	
Sat	6	13	20	27	
Sun	7	14	21	28	

	44	45	46	47	48		1	2	3	4	5
Mon		3	10	17	24	Mon		5	12	19	26
Tue		4	11	18	25	Tue		6	13	20	27
Wed		5	12	19	26	Wed		7	14	21	28
Thu		6	13	20	27	Thu	1	8	15	22	29
Fri		7	14	21	28	Fri	2	9	16	23	30
Sat	1	8	15	22	29	Sat	3	10	17	24	31
Sun	2	9	16	23	30	Sun	4	11	18	25	